

Banana Pancakes



Ingredients

For 2-3 pancakes

- 2 Tbsp Oat Flour
- Dash of Salt
- 2 Eggs
- 1 Banana (Mashed)
- 2 Tbsp Chocolate Chips (or blueberries)
- 1 tsp Coconut Oil or 100% Avocado or Olive Oil Spray

Directions

1. Combine all ingredients except for chocolate chips into medium sized bowl
2. Mix well with fork or whisk
3. Spray or measure 1 tsp coconut oil onto pan at medium, heat
4. Pour 1-2 pancakes onto pan then add chocolate chips or blueberries
5. Flip pancakes and repeat until all batter is used up!
6. Enjoy with pure maple syrup or sugar free syrup (turkey bacon pairs well too)

