

# Strawberry Vanilla Smoothie



## Ingredients

### For 1 serving

- 1/2 cup Frozen Strawberries
- 100g 0% Plain Greek Yogurt
- 1/4 cup Unsweetened Almond Milk
- 1/2 tsp Pure Vanilla Extract
- 20g Vanilla Protein Powder
- 3-5 Ice Cubes
  
- Add extra ice cubes for thicker smoothie!

\*\* You can swap plain yogurt for vanilla!  
or add 1/2 cup of frozen banana!

## Directions

1. Add all ingredients to blender and mix well

This is a really great option if you are short for time  
and need a healthy meal to eat on the go!

