

Protein Iced Coffee



Ingredients

For 1 serving

- 1 Scoop of Protein Powder
- (Any flavor)
- 8-10oz water or Almond/Cashew Milk
- 1 - 2 tsp Instant Coffee
- Ice Cubes

Directions

1. Add 8-10 oz of water or milk to shaker cup then protein powder and instant coffee. (You can use flavored instant coffee too!)
2. Close shaker cup lid and shake well then add ice
3. Enjoy and drink right away!

This is a really great pre or post workout snack.

