

Protein Coffee



Ingredients

For 1 serving

- Medium Roast 6-10oz Coffee
- 1/4 - 1/2 Scoop FLAVORED Protein Powder
- 1 Scoop Collagen Powder (*Optional*)
- Milk Frother

Directions

1. Brew medium-large coffee as normal
2. Add in scoop of collagen, give it 1-2 minutes to dissolve (*Optional Step*)
3. Add in 1/4- 1/2 scoop of protein and mix well with milk frother/blender

**Frother makes the difference. No spoon will be able to make the coffee taste as good or as smooth

