

# Chicken Wrap

## Ingredients

For 1 wrap

- 1 Wrap (any flavor)
- Chicken Breast or Ground Chicken
- BBQ Sauce, Greek Yogurt or other sauce
- Shredded Cheese (optional)
- Veggie of Choice (peppers, spinach, etc)



## Directions

1. Cook or reheat chicken (if not already cooked)
2. Cut up chicken breast or shred the cheese (if needed)
3. Lay wrap flat and place chicken in the middle
4. Add sauce, veggie and cheese and then roll up wrap
5. Enjoy and eat as is or place on grill/press/frying pan for more heat and an added crunch to your wrap!

