

Chocolate Crunch Protein Bars



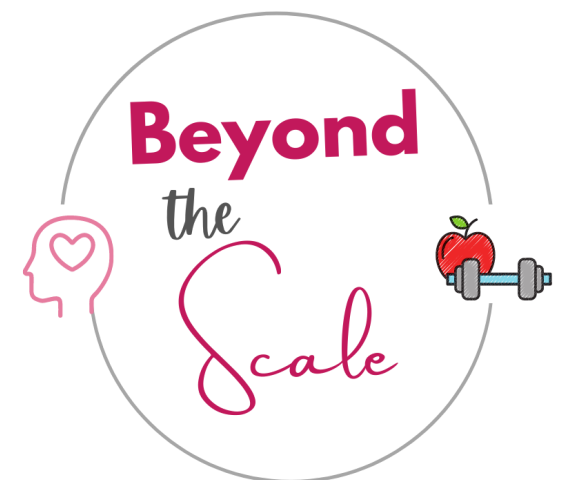
Ingredients

12 bars

- 2 Scoops of Vanilla Protein Powder
- 4 cups Brown Rice Cereal (or Rice Krispies)
- 1 cup Natural Peanut Butter (or Almond Butter)
- 1 cup Pure Maple Syrup

For Chocolate Coating:

- 1 1/2 cups of Chocolate Chips
- 2 Tbsp Coconut Oil



Directions

1. Combine all dry ingredients in bowl
2. In separate bowl, combine butter and maple syrup
(Melt on stove or in the microwave if needed)
3. Combine all ingredients and press into baking pan
(except chocolate and coconut oil) FREEZE OR REFRIGERATE AT 30+ MINUTES BEFORE CUTTING
4. Melt chocolate and coconut oil for 45 seconds (or on stove)
5. Cut into 12 bars and coat in melted chocolate (freeze again)

STORE IN FRIDGE OR FREEZER