

# HEALTHY HIGH PROTEIN Cookie Dough



## Ingredients

Makes 2 servings

- 1 cup Cottage Cheese (low fat) 0-2%
- 1 tsp Pure Vanilla Extract
- 2 Tbsp Pure Maple Syrup (or Honey)
- 1 cup Almond Flour (or Oat Flour)
- 1/4 cup Vanilla Protein Powder
- 1 Tbsp Almond Butter (or Natural Peanut Butter)
- 1/4 cup Chocolate Chips
- 1/4 tsp Salt

## Directions

1. Add cottage cheese, vanilla and syrup in a blender or food processor
2. Add and whisk together dry ingredients into medium sized bowl
3. Combine all ingredients into medium sized bowl
4. Separate into 2 servings

**STORE IN THE FRIDGE OR FREEZER in airtight container**

