

Cookies & Cream Protein Bars



Ingredients

For 12 Bars

- 2 cups Oat Flour
- 1/2 cup Coconut Flour
- 1/2 cup Vanilla Protein Powder
- 2 Tbsp Coconut Sugar or Stevia Powder
- 1/4 tsp Salt (Pink or Sea Salt)
- 1/2 cup Almond Butter
- 1/2 cup Pure Maple Syrup
- 1/4 cup Almond Milk
- 6-8 Oreo Cookies (gluten-free if possible)

Directions

1. Add first 5 ingredients to large bowl (stir/sift lightly)
2. Add almond butter and maple syrup and mix until cumbly
3. Add almond milk gradually while stirring
4. Then gently fold crushed oreo cookies in
5. Spray and line baking dish then press bars into baking dish
6. Refrigerate 30+ minutes before cutting into 9-12 bars

- **DOUBLE RECIPE**
- **STORE IN FRIDGE OR FREEZER**

