

# Almond Crunch Protein Bars



## Ingredients

### For 12 bars

- 1 cup Natural Peanut Butter
- 1/4 cup Coconut Oil (Melt)
- 1/3 cup Natural Honey
- 3 Scoops of Protein Powder (Chocolate or Vanilla)
- 1 1/2 cups Oats
- 1/4 tsp Pink Himalayan Salt
- 2 Tbsp Ground Flaxseed
- 1/3 cup Sliced Almonds
- 1/3 cup Chocolate Chips

STORE IN FRIDGE

*Place in small snack sized zip lock bags in your fridge, easy to grab and go + less likely to overeat!*

## Directions

1. Line square baking pan (8x8) with parchment paper (easier removal and cleaning)
2. Combine and whisk dry ingredients in medium-large bowl.
3. Melt coconut oil in the microwave for 15-20 seconds then add honey and peanut butter and melt again for another 20-30 seconds.
4. Mix together ALL ingredients with spatula (Best way to get it out of bowl and into pan too)
5. Pour mixture into baking pan and chill in fridge for 30-60 mins before you cut into 9-12 bars!

