

Protein Rice Krispie Squares



Ingredients

Makes 9-12 squares

- 2.5 cups Rice Krispies
- 1/2 cup Honey
- 1/4 cup Maple Syrup (can use extra honey too)
- 3/4 cup Natural Peanut Butter
- 1 tsp Vanilla Extract
- 1 cup Vanilla Protein Powder
- 1 tsp Pink Salt or Sea Salt

Directions

1. Line baking dish (glass if possible) with parchment paper or oil spray
2. Melt together honey, maple syrup and natural peanut butter
3. Add vanilla and salt to peanut butter mixture then the vanilla protein powder
4. Mix in rice krispies and pour into baking dish
5. Chill in fridge for 1+ hours before cutting into squares!

STORE IN FRIDGE OR FREEZER

