

Protein Ranch



Ingredients

- 100-150g 0% Plain Greek Yogurt
- 1-2 Tbsp Ranch Seasoning
(Flavourgod brand is best)
- 1 tsp Garlic Powder
- 1/2 tsp Pink Himalayan Salt

Directions

1. Combine all ingredients in medium sized bowl
2. Mix well with spoon or spatula
3. Use as dressing, dip for raw veggies, on wrap or any foods!

STORE IN AIRTIGHT CONTAINER IN FRIDGE

