

Tzatziki Sauce



Ingredients

For 2-3 servings

- 1/2 cup of Grated Cucumber
- 1 cup Plain Greek Yogurt (0%)
- 1 Tbsp Extra-Virgin Olive Oil
- 1/2 Tbsp Dill
- 1 Tbsp Lemon Juice
- 1 tsp Minced Garlic
- 1/2 tsp Garlic Powder
- 1/4 tsp Pink Himalayan Salt

Directions

1. Peel and grate and measure cucumber
2. Combine all ingredients in medium sized bowl
3. Mix well with spoon or spatula
4. Use as sauce for chicken, raw veggies, on a wrap or any foods!

STORE IN AIRTIGHT CONTAINER IN FRIDGE

