

# Buffalo Egg Ranch Salad



## Ingredients

1 Serving

- 1/2 cup Cottage Cheese or Greek Yogurt
- 2-3 Boiled Eggs
- 1 Tbsp Franks Hot Sauce
- 1-2 Tbsp Ranch Seasoning
- 2-3 Tbsp Parmesan Cheese (light)
- Diced Onion or Bell Peppers (optional)

## Directions

1. Boiled eggs, peel and let cool down
2. Cut up boiled eggs into small pieces
3. Combine and mix all ingredients well in medium sized bowl

Super quick lunch to throw together!

